

Slovenská plavecká federácia
Stredoslovenský oblastný plavecký zväz (www.ssopz.sk)
a
MPK Delfín Žiar nad Hronom

**Jarné
majstrovstvá
stredoslovenskej
oblasti
žiakov A, B,
juniorov a seniorov
v plávaní jednotlivcov
„dlhé trate“**

Miesto: Krytá plaváreň Žiar nad Hronom
Bazén: 25m / 5 dráh, obrátky hladké
Dátum: 25.4.2009, začiatok pretekov o 9.00 hod.
Teplota vody: 26,5°C
Teplota vzduchu: 28°C
Hlavný rozhodca: Vladimír Rajčok, I.

Všetky časy boli merané digitálnymi stopkami.

Konané v: Žiari nad Hronom

Dátum: 25.4.2009

Bazén: 25 -m/ 5 - dráh

ROZHODCOVSKÝ ZBOR

	<i>Meno a priezvisko</i>	trieda	podpis
Riaditeľ pretekov	: Peter Barančok	II.	
Hlavný časomerač	: Miroslav Šimun	I.	
Štartér	: Milan Záborský	I.	
Hlavný cieľový rozhodca	: Peter Barančok	II.	
Plavecký spôsob	: Jaroslava Komorová	II.	
Pomocný štartér	: Ivan Baran	III.	
Cieľový rozhodca	L : Marian Adamský	III.	
Časomerači	P : Zuzana Révaiová	III.	
	D1 : Andrea Hrdinová	III.	
	D2 : Adriana Rajčoková	II.	
	D3 : Zuzana Tonhauserová	II.	
	D4 : Vladimír Vágner	III.	
	D5 : Martina Bartková	II.	
	D6 :		
	D7 :		
	D8 :		
Náhradní časomerači	: Rudolf Salcer	III.	
Hlavný obrátkový	: Michal Kán	II.	
Obrátkoví rozhodcovia	D1 : Martina Karkušová	III.	
	D2 : Blanka Čamajová	III.	
	D3 : Juraj Skopal	II.	
	D4 : Barbora Sujová	III.	
	D5 : Daniela Klinčáková	III.	
Výsledky-počítač	: Miroslav Šimun	I.	
ŠTK	: Michal Kán	II.	
Elektrická časomiera	:		
Hlásateľ	: Anna Líšková	III.	
Diplomy	: Miroslav Šimun	I.	
Lekár	: MUDr. Richard Rišňovský		
Vedúci protokolu	:		
Hospodár	: Eva Vincentová		
Hlavný rozhodca	: Vladimír Rajčok	I.	

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

1 - 25. apríl 2009

25.4.2009 - 9:00

disciplína 1
25.4.2009 - 9:00

ženy, 800m voľný spôsob

11 roč. a st.
Výsledky

bodovanie: FINA 2008

por.			Roč.						čas	body		
11 - 12 roč.												
1.	Boľová Eliška		97	NerŽi		11:57.07				322		
	50m:	37.40	37.40	250m:	3:35.02	45.90	450m:	6:39.17	46.62	650m:	9:43.65	45.51
	100m:	1:19.75	42.35	300m:	4:20.89	45.87	500m:	7:26.05	46.88	700m:	10:29.64	45.99
	150m:	2:04.12	44.37	350m:	5:06.42	45.53	550m:	8:12.12	46.07	750m:	11:15.58	45.94
	200m:	2:49.12	45.00	400m:	5:52.55	46.13	600m:	8:58.14	46.02	800m:	11:57.07	41.49
2.	Valicová Simona		98	NerŽi		12:26.76				285		
	50m:	39.16	39.16	250m:	3:41.16	45.36	450m:	6:51.22	48.56	650m:	10:09.54	49.66
	100m:	1:24.42	45.26	300m:	4:27.72	46.56	500m:	7:39.41	48.19	700m:	10:57.21	47.67
	150m:	2:09.58	45.16	350m:	5:14.28	46.56	550m:	8:29.71	50.30	750m:	11:44.10	46.89
	200m:	2:55.80	46.22	400m:	6:02.66	48.38	600m:	9:19.88	50.17	800m:	12:26.76	42.66
3.	Uhráková Martina		97	NerŽi		12:46.89				263		
	50m:	41.59	41.59	250m:	3:58.44	49.96	450m:	7:16.29	49.77	650m:	10:31.62	49.09
	100m:	1:30.36	48.77	300m:	4:48.09	49.65	500m:	8:05.04	48.75	700m:	11:19.29	47.67
	150m:	2:19.90	49.54	350m:	5:37.07	48.98	550m:	8:53.92	48.88	750m:	12:06.18	46.89
	200m:	3:08.48	48.58	400m:	6:26.52	49.45	600m:	9:42.53	48.61	800m:	12:46.89	40.71
4.	Kubincová Michaela		97	NerŽi		12:47.32				263		
	50m:	41.86	41.86	250m:	3:58.86	49.13	450m:	7:16.01	49.06	650m:	10:31.48	48.81
	100m:	1:30.48	48.62	300m:	4:48.80	49.94	500m:	8:05.32	49.31	700m:	11:18.67	47.19
	150m:	2:20.20	49.72	350m:	5:37.83	49.03	550m:	8:54.20	48.88	750m:	12:05.92	47.25
	200m:	3:09.73	49.53	400m:	6:26.95	49.12	600m:	9:42.67	48.47	800m:	12:47.32	41.40
5.	Zemenčíková Gabriela		97	MPKDK		12:55.40				255		
	50m:	40.62	40.62	250m:	3:52.75	49.53	450m:	7:13.84	50.57	650m:	10:31.24	48.17
	100m:	1:26.23	45.61	300m:	4:43.20	50.45	500m:	8:03.57	49.73	700m:	11:21.88	50.64
	150m:	2:14.32	48.09	350m:	5:33.24	50.04	550m:	8:52.41	48.84	750m:	12:10.76	48.88
	200m:	3:03.22	48.90	400m:	6:23.27	50.03	600m:	9:43.07	50.66	800m:	12:55.40	44.64
6.	Laurincová Eva		98	NerŽi		13:02.13				248		
	50m:	42.61	42.61	250m:	3:58.80	49.79	450m:	7:18.32	50.62	650m:	10:38.23	49.34
	100m:	1:30.06	47.45	300m:	4:48.76	49.96	500m:	8:08.09	49.77	700m:	11:28.39	50.16
	150m:	2:19.54	49.48	350m:	5:38.32	49.56	550m:	8:58.73	50.64	750m:	12:17.67	49.28
	200m:	3:09.01	49.47	400m:	6:27.70	49.38	600m:	9:48.89	50.16	800m:	13:02.13	44.46
7.	Marcinová Valentína		97	NerŽi		13:18.22				234		
	50m:	41.67	41.67	250m:	3:58.36	50.79	450m:	7:25.50	55.48	650m:	10:49.95	50.66
	100m:	1:29.69	48.02	300m:	4:50.11	51.75	500m:	8:16.72	51.22	700m:	11:40.80	50.85
	150m:	2:18.10	48.41	350m:	5:41.32	51.21	550m:	9:07.95	51.23	750m:	12:30.85	50.05
	200m:	3:07.57	49.47	400m:	6:30.02	48.70	600m:	9:59.29	51.34	800m:	13:18.22	47.37
8.	Hollá Zuzana		97	NerŽi		13:48.10				209		
	50m:	42.17	42.17	250m:	4:10.08	52.72	450m:	7:43.67	53.31	650m:	11:15.01	52.33
	100m:	1:31.88	49.71	300m:	5:04.10	54.02	500m:	8:37.20	53.53	700m:	12:07.50	52.49
	150m:	2:24.55	52.67	350m:	5:57.01	52.91	550m:	9:30.27	53.07	750m:	12:59.50	52.00
	200m:	3:17.36	52.81	400m:	6:50.36	53.35	600m:	10:22.68	52.41	800m:	13:48.10	48.60
9.	Šnajderová Zuzana		97	NerŽi		14:42.65				173		
	50m:	43.59	43.59	250m:	4:27.41	57.20	450m:	8:14.78	57.24	650m:	12:02.27	55.40
	100m:	1:37.75	54.16	300m:	5:23.36	55.95	500m:	9:12.83	58.05	700m:	12:57.10	54.83
	150m:	2:34.01	56.26	350m:	6:20.64	57.28	550m:	10:09.74	56.91	750m:	13:52.52	55.42
	200m:	3:30.21	56.20	400m:	7:17.54	56.90	600m:	11:06.87	57.13	800m:	14:42.65	50.13
10.	Pecníková Viktória		98	PkVK		14:52.98				167		
	50m:	45.57	45.57	250m:	4:30.82	57.04	450m:	8:24.00	58.65	650m:	12:18.70	59.24
	100m:	1:39.83	54.26	300m:	5:30.18	59.36	500m:	9:22.30	58.30	700m:	13:13.60	54.90
	150m:	2:36.31	56.48	350m:	6:28.61	58.43	550m:	10:20.57	58.27	750m:	14:05.98	52.38
	200m:	3:33.78	57.47	400m:	7:25.35	56.74	600m:	11:19.46	58.89	800m:	14:52.98	47.00

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 1, žiačky, 800m voľný spôsob, 11 - 12 roč.

por.			Roč.					čas	body
11.	Žofajová Barbora		97	MPKDK				15:31.21	147
	50m:	42.79 42.79	250m:	4:31.13 57.88	450m:	8:31.29 1:00.33	650m:	12:35.23 1:01.12	
	100m:	1:37.24 54.45	300m:	5:29.76 58.63	500m:	9:32.55 1:01.26	700m:	13:34.76 59.53	
	150m:	2:35.12 57.88	350m:	6:30.72 1:00.96	550m:	10:33.71 1:01.16	750m:	14:33.19 58.43	
	200m:	3:33.25 58.13	400m:	7:30.96 1:00.24	600m:	11:34.11 1:00.40	800m:	15:31.21 58.02	
DNS Topoľská Barbora 97 NerŽi									
13 - 14 roč.									
1.	Jakubíková Zuzana		96	NerŽi				10:28.40	479
	50m:	33.96 33.96	250m:	3:12.40 39.66	450m:	5:53.00 40.08	650m:	8:33.21 39.86	
	100m:	1:12.82 38.86	300m:	3:52.79 40.39	500m:	6:33.19 40.19	700m:	9:13.40 40.19	
	150m:	1:53.58 40.76	350m:	4:32.80 40.01	550m:	7:12.90 39.71	750m:	9:52.58 39.18	
	200m:	2:32.74 39.16	400m:	5:12.92 40.12	600m:	7:53.35 40.45	800m:	10:28.40 35.82	
2.	Modrovičová Dominika		95	PkVK				10:31.06	473
	50m:	35.22 35.22	250m:	3:14.21 39.91	450m:	5:54.94 39.62	650m:	8:33.94 39.90	
	100m:	1:14.33 39.11	300m:	3:54.74 40.53	500m:	6:34.51 39.57	700m:	9:13.51 39.57	
	150m:	1:54.10 39.77	350m:	4:35.00 40.26	550m:	7:14.10 39.59	750m:	9:53.07 39.56	
	200m:	2:34.30 40.20	400m:	5:15.32 40.32	600m:	7:54.04 39.94	800m:	10:31.06 37.99	
3.	Balážová Veronika		95	PkVK				10:42.32	448
	50m:	35.45 35.45	250m:	3:15.26 40.94	450m:	5:59.32 40.64	650m:	8:42.84 40.92	
	100m:	1:14.16 38.71	300m:	3:56.34 41.08	500m:	6:40.34 41.02	700m:	9:24.65 41.81	
	150m:	1:54.02 39.86	350m:	4:37.22 40.88	550m:	7:21.36 41.02	750m:	10:05.29 40.64	
	200m:	2:34.32 40.30	400m:	5:18.68 41.46	600m:	8:01.92 40.56	800m:	10:42.32 37.03	
4.	Zahradníková Janka		95	MPKDK				10:50.36	432
	50m:	35.09 35.09	250m:	3:14.98 40.28	450m:	6:01.82 41.93	650m:	8:48.11 41.79	
	100m:	1:14.32 39.23	300m:	3:56.67 41.69	500m:	6:43.09 41.27	700m:	9:29.32 41.21	
	150m:	1:54.45 40.13	350m:	4:38.36 41.69	550m:	7:24.51 41.42	750m:	10:10.86 41.54	
	200m:	2:34.70 40.25	400m:	5:19.89 41.53	600m:	8:06.32 41.81	800m:	10:50.36 39.50	
5.	Dvončová Kristína		96	NerŽi				11:00.51	412
	50m:	35.48 35.48	250m:	3:17.98 42.12	450m:	6:07.16 42.10	650m:	8:56.16 42.15	
	100m:	1:14.45 38.97	300m:	4:00.16 42.18	500m:	6:49.32 42.16	700m:	9:38.67 42.51	
	150m:	1:54.86 40.41	350m:	4:42.67 42.51	550m:	7:31.48 42.16	750m:	10:19.73 41.06	
	200m:	2:35.86 41.00	400m:	5:25.06 42.39	600m:	8:14.01 42.53	800m:	11:00.51 40.78	
6.	Čepelová Lucia		96	NerŽi				11:23.09	373
	50m:	37.08 37.08	250m:	3:27.71 43.05	450m:	6:22.97 43.63	650m:	9:18.62 43.59	
	100m:	1:18.90 41.82	300m:	4:10.78 43.07	500m:	7:06.71 43.74	700m:	10:01.90 43.28	
	150m:	2:02.32 43.42	350m:	4:55.02 44.24	550m:	7:50.60 43.89	750m:	10:42.63 40.73	
	200m:	2:44.66 42.34	400m:	5:39.34 44.32	600m:	8:35.03 44.43	800m:	11:23.09 40.46	
7.	Škrovinová Lucia		95	NerŽi				11:49.19	333
	50m:	37.43 37.43	250m:	3:32.88 45.26	450m:	6:33.61 45.47	650m:	9:35.49 46.22	
	100m:	1:19.87 42.44	300m:	4:17.90 45.02	500m:	7:19.38 45.77	700m:	10:21.29 45.80	
	150m:	2:03.34 43.47	350m:	5:02.87 44.97	550m:	8:03.43 44.05	750m:	11:07.32 46.03	
	200m:	2:47.62 44.28	400m:	5:48.14 45.27	600m:	8:49.27 45.84	800m:	11:49.19 41.87	
8.	Kováčová Ingrid		95	UMB				11:50.75	331
	50m:	36.86 36.86	250m:	3:33.82 45.21	450m:	6:34.38 45.56	650m:	9:39.37 46.27	
	100m:	1:19.41 42.55	300m:	4:19.31 45.49	500m:	7:20.67 46.29	700m:	10:24.22 44.85	
	150m:	2:03.34 43.93	350m:	5:03.93 44.62	550m:	8:07.09 46.42	750m:	11:09.28 45.06	
	200m:	2:48.61 45.27	400m:	5:48.82 44.89	600m:	8:53.10 46.01	800m:	11:50.75 41.47	
9.	Federičová Emma		96	NerŽi				12:04.83	312
	50m:	40.11 40.11	250m:	3:41.89 45.31	450m:	6:46.70 46.90	650m:	9:53.48 46.39	
	100m:	1:23.70 43.59	300m:	4:27.32 45.43	500m:	7:34.11 47.41	700m:	10:38.70 45.22	
	150m:	2:10.51 46.81	350m:	5:13.58 46.26	550m:	8:20.61 46.50	750m:	11:24.26 45.56	
	200m:	2:56.58 46.07	400m:	5:59.80 46.22	600m:	9:07.09 46.48	800m:	12:04.83 40.57	
10.	Salcerová Michaela		96	MPKDK				12:53.47	257
	50m:	40.01 40.01	250m:	3:50.00 49.13	450m:	7:10.60 50.48	650m:	10:29.41 49.44	
	100m:	1:25.35 45.34	300m:	4:40.38 50.38	500m:	8:00.96 50.36	700m:	11:18.04 48.63	
	150m:	2:12.82 47.47	350m:	5:30.25 49.87	550m:	8:49.82 48.86	750m:	12:06.29 48.25	
	200m:	3:00.87 48.05	400m:	6:20.12 49.87	600m:	9:39.97 50.15	800m:	12:53.47 47.18	

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 1, žiačky, 800m voľný spôsob, 13 - 14 roč.

por.			Roč.				čas	body				
11.	Laluhová Terézia		96		NerŽi		13:02.83	248				
	50m:	42.00	42.00	250m:	3:59.47	50.09	450m:	7:20.01	50.59	650m:	10:39.20	50.14
	100m:	1:30.17	48.17	300m:	4:48.42	48.95	500m:	8:09.06	49.05	700m:	11:29.20	50.00
	150m:	2:17.73	47.56	350m:	5:39.64	51.22	550m:	8:59.26	50.20	750m:	12:18.16	48.96
	200m:	3:09.38	51.65	400m:	6:29.42	49.78	600m:	9:49.06	49.80	800m:	13:02.83	44.67
12.	Grexová Martina		95		FliBr		13:26.64	226				
	50m:	39.44	39.44	250m:	4:00.66	52.44	450m:	7:29.19	51.32	650m:	10:57.67	52.01
	100m:	1:26.72	47.28	300m:	4:53.22	52.56	500m:	8:21.56	52.37	700m:	11:49.41	51.74
	150m:	2:17.00	50.28	350m:	5:45.49	52.27	550m:	9:13.72	52.16	750m:	12:39.00	49.59
	200m:	3:08.22	51.22	400m:	6:37.87	52.38	600m:	10:05.66	51.94	800m:	13:26.64	47.64
13.	Ševčíková Rebeka		96		NerŽi		15:56.59	136				
	50m:	49.52	49.52	250m:	4:50.00	1:02.55	450m:	8:56.02	1:01.50	650m:	13:00.37	1:00.47
	100m:	1:46.36	56.84	300m:	5:51.86	1:01.86	500m:	9:57.30	1:01.28	700m:	14:01.24	1:00.87
	150m:	2:45.83	59.47	350m:	6:53.87	1:02.01	550m:	10:58.46	1:01.16	750m:	15:00.81	59.57
	200m:	3:47.45	1:01.62	400m:	7:54.52	1:00.65	600m:	11:59.90	1:01.44	800m:	15:56.59	55.78

15 roč. a st.

1.	Gáliková Lenka		91		PkVK		10:04.77	537				
	50m:	32.13	32.13	250m:	3:00.39	38.13	450m:	5:34.36	38.97	650m:	8:10.11	38.82
	100m:	1:07.51	35.38	300m:	3:38.39	38.00	500m:	6:13.20	38.84	700m:	8:49.39	39.28
	150m:	1:44.29	36.78	350m:	4:16.80	38.41	550m:	6:52.36	39.16	750m:	9:28.06	38.67
	200m:	2:22.26	37.97	400m:	4:55.39	38.59	600m:	7:31.29	38.93	800m:	10:04.77	36.71
2.	Koroncziová Katarína		92		PkVK		10:27.84	480				
	50m:	33.93	33.93	250m:	3:08.31	39.37	450m:	5:47.08	40.09	650m:	8:29.88	40.97
	100m:	1:11.22	37.29	300m:	3:47.80	39.49	500m:	6:27.61	40.53	700m:	9:10.41	40.53
	150m:	1:50.30	39.08	350m:	4:27.41	39.61	550m:	7:07.91	40.30	750m:	9:50.04	39.63
	200m:	2:28.94	38.64	400m:	5:06.99	39.58	600m:	7:48.91	41.00	800m:	10:27.84	37.80
3.	Bokšayová Klaudia		94		PkVK		10:34.04	466				
	50m:	35.24	35.24	250m:	3:10.35	39.46	450m:	5:52.61	41.15	650m:	8:35.98	40.50
	100m:	1:13.18	37.94	300m:	3:50.45	40.10	500m:	6:33.84	41.23	700m:	9:16.26	40.28
	150m:	1:52.14	38.96	350m:	4:30.70	40.25	550m:	7:14.68	40.84	750m:	9:55.94	39.68
	200m:	2:30.89	38.75	400m:	5:11.46	40.76	600m:	7:55.48	40.80	800m:	10:34.04	38.10
4.	Uhráková Dominika		94		NerŽi		11:19.62	378				
	50m:	36.81	36.81	250m:	3:27.60	42.34	450m:	6:22.19	44.09	650m:	9:15.35	43.10
	100m:	1:19.87	43.06	300m:	4:11.33	43.73	500m:	7:06.26	44.07	700m:	9:58.22	42.87
	150m:	2:02.11	42.24	350m:	4:54.28	42.95	550m:	7:49.30	43.04	750m:	10:39.87	41.65
	200m:	2:45.26	43.15	400m:	5:38.10	43.82	600m:	8:32.25	42.95	800m:	11:19.62	39.75
5.	Tavačová Barbora		93		NerŽi		11:58.93	320				
	50m:	40.05	40.05	250m:	3:39.40	45.34	450m:	6:41.45	45.67	650m:	9:42.96	45.52
	100m:	1:24.08	44.03	300m:	4:24.79	45.39	500m:	7:26.88	45.43	700m:	10:28.46	45.50
	150m:	2:09.48	45.40	350m:	5:10.26	45.47	550m:	8:11.74	44.86	750m:	11:13.87	45.41
	200m:	2:54.06	44.58	400m:	5:55.78	45.52	600m:	8:57.44	45.70	800m:	11:58.93	45.06
6.	Patriková Eva		93		DeľŽH		12:06.32	310				
	50m:	37.92	37.92	250m:	3:36.80	45.91	450m:	6:45.09	47.89	650m:	9:53.61	47.20
	100m:	1:20.48	42.56	300m:	4:23.22	46.42	500m:	7:32.13	47.04	700m:	10:40.06	46.45
	150m:	2:05.29	44.81	350m:	5:09.86	46.64	550m:	8:19.48	47.35	750m:	11:26.36	46.30
	200m:	2:50.89	45.60	400m:	5:57.20	47.34	600m:	9:06.41	46.93	800m:	12:06.32	39.96
7.	Bartošová Miroslava		93		NerŽi		12:11.19	304				
	50m:	40.11	40.11	250m:	3:39.76	45.19	450m:	6:42.22	45.83	650m:	9:50.37	48.60
	100m:	1:24.15	44.04	300m:	4:25.34	45.58	500m:	7:27.71	45.49	700m:	10:37.43	47.06
	150m:	2:09.22	45.07	350m:	5:10.97	45.63	550m:	8:14.11	46.40	750m:	11:25.14	47.71
	200m:	2:54.57	45.35	400m:	5:56.39	45.42	600m:	9:01.77	47.66	800m:	12:11.19	46.05

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 2
25.4.2009 - 10:40

muži, 800m voľný spôsob

11 roč. a st.
Výsledky

bodovanie: FINA 2008

por.			Roč.			čas	body	
11 - 12 roč.								
1.	Štefánik Vladimír		98	Nerži		11:07.39	321	
	50m:	36.01 36.01	250m:	3:23.22 42.55	450m:	6:13.98 41.89	650m:	9:04.48 43.16
	100m:	1:16.32 40.31	300m:	4:06.80 43.58	500m:	6:56.29 42.31	700m:	9:47.64 43.16
	150m:	1:58.01 41.69	350m:	4:49.20 42.40	550m:	7:39.16 42.87	750m:	10:29.95 42.31
	200m:	2:40.67 42.66	400m:	5:32.09 42.89	600m:	8:21.32 42.16	800m:	11:07.39 37.44
2.	Brozman Andrej		97	UMB		12:09.06	246	
	50m:	36.84 36.84	250m:	3:37.65 46.87	450m:	6:46.91 47.77	650m:	9:53.89 45.15
	100m:	1:20.60 43.76	300m:	4:24.96 47.31	500m:	7:33.56 46.65	700m:	10:39.47 45.58
	150m:	2:05.03 44.43	350m:	5:11.64 46.68	550m:	8:21.03 47.47	750m:	11:25.58 46.11
	200m:	2:50.78 45.75	400m:	5:59.14 47.50	600m:	9:08.74 47.71	800m:	12:09.06 43.48
3.	Dubeň Branislav		97	Nerži		12:16.51	239	
	50m:	37.53 37.53	250m:	3:43.83 47.25	450m:	6:53.45 47.25	650m:	9:59.58 47.00
	100m:	1:22.00 44.47	300m:	4:31.17 47.34	500m:	7:39.58 46.13	700m:	10:46.41 46.83
	150m:	2:09.54 47.54	350m:	5:19.51 48.34	550m:	8:25.58 46.00	750m:	11:32.94 46.53
	200m:	2:56.58 47.04	400m:	6:06.20 46.69	600m:	9:12.58 47.00	800m:	12:16.51 43.57
4.	Berlanský Matúš		97	PkBŠ		12:17.71	238	
	50m:	39.69 39.69	250m:	3:46.05 47.67	450m:	6:55.05 46.90	650m:	10:01.60 46.54
	100m:	1:25.68 45.99	300m:	4:33.10 47.05	500m:	7:41.91 46.86	700m:	10:48.06 46.46
	150m:	2:12.36 46.68	350m:	5:20.86 47.76	550m:	8:28.28 46.37	750m:	11:34.05 45.99
	200m:	2:58.38 46.02	400m:	6:08.15 47.29	600m:	9:15.06 46.78	800m:	12:17.71 43.66
5.	Halamček Tibor		97	MPKDK		12:51.12	208	
	50m:	40.70 40.70	250m:	3:54.26 51.18	450m:	7:10.32 49.43	650m:	10:28.44 49.78
	100m:	1:27.58 46.88	300m:	4:43.01 48.75	500m:	7:59.26 48.94	700m:	11:17.30 48.86
	150m:	2:15.08 47.50	350m:	5:32.66 49.65	550m:	8:48.44 49.18	750m:	12:07.19 49.89
	200m:	3:03.08 48.00	400m:	6:20.89 48.23	600m:	9:38.66 50.22	800m:	12:51.12 43.93
6.	Ernek Matej		98	PkBŠ		14:25.25	147	
	50m:	46.15 46.15	250m:	4:28.04 56.23	450m:	8:14.50 56.32	650m:	11:56.78 56.53
	100m:	1:40.60 54.45	300m:	5:25.20 57.16	500m:	9:09.78 55.28	700m:	12:48.56 51.78
	150m:	2:35.20 54.60	350m:	6:21.28 56.08	550m:	10:04.50 54.72	750m:	13:39.08 50.52
	200m:	3:31.81 56.61	400m:	7:18.18 56.90	600m:	11:00.25 55.75	800m:	14:25.25 46.17
13 - 14 roč.								
1.	Villant Jakub		95	UMB		10:12.47	415	
	50m:	33.78 33.78	250m:	3:08.59 38.94	450m:	5:44.49 38.53	650m:	8:20.34 38.21
	100m:	1:12.06 38.28	300m:	3:48.01 39.42	500m:	6:23.84 39.35	700m:	8:59.33 38.99
	150m:	1:51.02 38.96	350m:	4:26.74 38.73	550m:	7:03.09 39.25	750m:	9:37.62 38.29
	200m:	2:29.65 38.63	400m:	5:05.96 39.22	600m:	7:42.13 39.04	800m:	10:12.47 34.85
2.	Košta Radoslav		96	DelŽH		12:16.58	239	
	50m:	36.80 36.80	250m:	3:43.51 47.75	450m:	6:52.22 48.49	650m:	9:59.61 47.13
	100m:	1:23.11 46.31	300m:	4:31.01 47.50	500m:	7:40.20 47.98	700m:	10:48.39 48.78
	150m:	2:08.45 45.34	350m:	5:17.58 46.57	550m:	8:25.92 45.72	750m:	11:36.36 47.97
	200m:	2:55.76 47.31	400m:	6:03.73 46.15	600m:	9:12.48 46.56	800m:	12:16.58 40.22
3.	Seidl Benjamín		96	Nerži		12:22.26	233	
	50m:	40.82 40.82	250m:	3:49.53 47.46	450m:	7:00.50 47.78	650m:	10:09.19 47.13
	100m:	1:27.79 46.97	300m:	4:37.07 47.54	500m:	7:47.32 46.82	700m:	10:56.31 47.12
	150m:	2:14.80 47.01	350m:	5:24.50 47.43	550m:	8:34.69 47.37	750m:	11:42.11 45.80
	200m:	3:02.07 47.27	400m:	6:12.72 48.22	600m:	9:22.06 47.37	800m:	12:22.26 40.15
4.	Kecera Jakub		96	MPKDK		12:23.29	232	
	50m:	39.09 39.09	250m:	3:47.01 48.03	450m:	6:57.67 47.91	650m:	10:06.57 47.21
	100m:	1:24.74 45.65	300m:	4:34.39 47.38	500m:	7:46.23 48.56	700m:	10:55.01 48.44
	150m:	2:11.29 46.55	350m:	5:22.09 47.70	550m:	8:32.61 46.38	750m:	11:41.70 46.69
	200m:	2:58.98 47.69	400m:	6:09.76 47.67	600m:	9:19.36 46.75	800m:	12:23.29 41.59

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 2, žiaci, 800m voľný spôsob, 13 - 14 roč.

por.			Roč.				čas	body				
5.	Kovalčík Ondrej		96		Nerži		13:23.96	183				
	50m:	42.58	42.58	250m:	4:05.84	51.88	450m:	7:30.55	50.17	650m:	10:53.55	51.15
	100m:	1:32.25	49.67	300m:	4:56.24	50.40	500m:	8:22.20	51.65	700m:	11:44.87	51.32
	150m:	2:21.98	49.73	350m:	5:48.54	52.30	550m:	9:12.85	50.65	750m:	12:37.05	52.18
	200m:	3:13.96	51.98	400m:	6:40.38	51.84	600m:	10:02.40	49.55	800m:	13:23.96	46.91
6.	Hazucha Michal		96		UMB		13:31.34	179				
	50m:	43.19	43.19	250m:	4:08.06	51.91	450m:	7:35.18	51.36	650m:	10:58.41	49.88
	100m:	1:33.59	50.40	300m:	5:00.30	52.24	500m:	8:27.68	52.50	700m:	11:49.25	50.84
	150m:	2:24.88	51.29	350m:	5:51.88	51.58	550m:	9:18.93	51.25	750m:	12:40.53	51.28
	200m:	3:16.15	51.27	400m:	6:43.82	51.94	600m:	10:08.53	49.60	800m:	13:31.34	50.81
7.	Banský Patrik		96		UMB		13:42.47	171				
	50m:	41.51	41.51	250m:	4:04.78	52.72	450m:	7:36.75	53.45	650m:	11:08.76	52.76
	100m:	1:30.84	49.33	300m:	4:56.92	52.14	500m:	8:30.27	53.52	700m:	12:00.54	51.78
	150m:	2:20.14	49.30	350m:	5:49.86	52.94	550m:	9:22.12	51.85	750m:	12:52.12	51.58
	200m:	3:12.06	51.92	400m:	6:43.30	53.44	600m:	10:16.00	53.88	800m:	13:42.47	50.35
8.	Kubinec Jakub		96		Nerži		14:27.85	146				
	50m:	44.89	44.89	250m:	4:25.99	56.96	450m:	8:13.96	56.94	650m:	11:54.24	53.07
	100m:	1:38.12	53.23	300m:	5:22.74	56.75	500m:	9:10.51	56.55	700m:	12:47.68	53.44
	150m:	2:32.90	54.78	350m:	6:19.87	57.13	550m:	10:05.64	55.13	750m:	13:38.42	50.74
	200m:	3:29.03	56.13	400m:	7:17.02	57.15	600m:	11:01.17	55.53	800m:	14:27.85	49.43

15 roč. a st.

1.	Leško Matej		94		UMB		10:06.90	427				
	50m:	32.75	32.75	250m:	3:04.79	38.23	450m:	5:39.30	38.85	650m:	8:15.06	38.59
	100m:	1:09.63	36.88	300m:	3:43.62	38.83	500m:	6:18.10	38.80	700m:	8:54.32	39.26
	150m:	1:47.66	38.03	350m:	4:22.13	38.51	550m:	6:57.22	39.12	750m:	9:33.03	38.71
	200m:	2:26.56	38.90	400m:	5:00.45	38.32	600m:	7:36.47	39.25	800m:	10:06.90	33.87
2.	Galvánek Rastislav		94		Nerži		10:07.54	425				
	50m:	31.51	31.51	250m:	3:03.78	38.33	450m:	5:40.66	39.49	650m:	8:17.50	38.34
	100m:	1:08.13	36.62	300m:	3:43.22	39.44	500m:	6:19.55	38.89	700m:	8:57.11	39.61
	150m:	1:47.13	39.00	350m:	4:22.00	38.78	550m:	6:59.28	39.73	750m:	9:35.37	38.26
	200m:	2:25.45	38.32	400m:	5:01.17	39.17	600m:	7:39.16	39.88	800m:	10:07.54	32.17
3.	Pavlík Alfréd		93		Nerži		10:21.39	397				
	50m:	31.36	31.36	250m:	3:02.32	38.62	450m:	5:40.70	40.69	650m:	8:23.01	40.53
	100m:	1:07.89	36.53	300m:	3:41.36	39.04	500m:	6:21.41	40.71	700m:	9:03.20	40.19
	150m:	1:45.51	37.62	350m:	4:20.70	39.34	550m:	7:01.77	40.36	750m:	9:43.01	39.81
	200m:	2:23.70	38.19	400m:	5:00.01	39.31	600m:	7:42.48	40.71	800m:	10:21.39	38.38
4.	Gašparovič Filip		94		Nerži		10:23.70	393				
	50m:	32.87	32.87	250m:	3:08.02	39.80	450m:	5:47.59	40.13	650m:	8:26.89	39.77
	100m:	1:10.15	37.28	300m:	3:47.52	39.50	500m:	6:26.91	39.32	700m:	9:06.10	39.21
	150m:	1:49.09	38.94	350m:	4:27.40	39.88	550m:	7:07.18	40.27	750m:	9:46.18	40.08
	200m:	2:28.22	39.13	400m:	5:07.46	40.06	600m:	7:47.12	39.94	800m:	10:23.70	37.52
5.	Ftorek Martin		94		Nerži		10:54.13	341				
	50m:	35.29	35.29	250m:	3:15.85	41.34	450m:	6:02.51	42.71	650m:	8:49.74	42.49
	100m:	1:14.01	38.72	300m:	3:57.72	41.87	500m:	6:43.51	41.00	700m:	9:32.00	42.26
	150m:	1:54.40	40.39	350m:	4:38.47	40.75	550m:	7:25.32	41.81	750m:	10:14.07	42.07
	200m:	2:34.51	40.11	400m:	5:19.80	41.33	600m:	8:07.25	41.93	800m:	10:54.13	40.06
6.	Konečný Marek		94		PkBŠ		12:38.79	218				
	50m:	37.47	37.47	250m:	3:43.94	48.33	450m:	6:58.04	49.57	650m:	10:15.86	48.72
	100m:	1:20.02	42.55	300m:	4:31.66	47.72	500m:	7:47.49	49.45	700m:	11:05.79	49.93
	150m:	2:07.58	47.56	350m:	5:20.17	48.51	550m:	8:37.06	49.57	750m:	11:53.62	47.83
	200m:	2:55.61	48.03	400m:	6:08.47	48.30	600m:	9:27.14	50.08	800m:	12:38.79	45.17

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 3
25.4.2009 - 11:35

ženy, 400m voľný spôsob

11 roč. a st.
Výsledky

bodovanie: FINA 2008

por.			Roč.			čas	body	
11 - 12 roč.								
1.	Boľová Eliška		97	Nerži		5:42.95	342	
	50m:	35.97 35.97	150m:	2:02.37 44.03	250m:	3:33.30 45.64	350m:	5:02.12 44.70
	100m:	1:18.34 42.37	200m:	2:47.66 45.29	300m:	4:17.42 44.12	400m:	5:42.95 40.83
2.	Michalková Katarína		97	DeľŽH		6:14.08	264	
	50m:	39.22 39.22	150m:	2:11.12 46.94	250m:	3:48.06 48.20	350m:	5:25.25 48.60
	100m:	1:24.18 44.96	200m:	2:59.86 48.74	300m:	4:36.65 48.59	400m:	6:14.08 48.83
3.	Uhráková Martina		97	Nerži		6:23.32	245	
	50m:	44.42 44.42	150m:	2:21.68 48.94	250m:	3:59.68 48.40	350m:	5:37.75 46.76
	100m:	1:32.74 48.32	200m:	3:11.28 49.60	300m:	4:50.99 51.31	400m:	6:23.32 45.57
4.	Lukáčová Timea		97	DeľŽH		6:37.41	220	
	50m:	42.32 42.32	150m:	2:16.55 49.33	250m:	3:58.50 52.16	350m:	5:44.30 53.59
	100m:	1:27.22 44.90	200m:	3:06.34 49.79	300m:	4:50.71 52.21	400m:	6:37.41 53.11
5.	Fedorová Adriana		98	UMB		7:02.13	183	
	50m:	45.28 45.28	150m:	2:31.17 53.31	250m:	4:20.75 54.68	350m:	6:09.03 53.10
	100m:	1:37.86 52.58	200m:	3:26.07 54.90	300m:	5:15.93 55.18	400m:	7:02.13 53.10
6.	Pecníková Viktória		98	PkVK		7:15.39	167	
	50m:	45.93 45.93	150m:	2:34.12 53.44	250m:	4:29.07 56.69	350m:	6:19.64 54.94
	100m:	1:40.68 54.75	200m:	3:32.38 58.26	300m:	5:24.70 55.63	400m:	7:15.39 55.75
7.	Kremserová Barbora		98	UMB		7:20.86	161	
	50m:	46.61 46.61	150m:	2:39.01 57.09	250m:	4:31.09 55.36	350m:	6:23.32 58.10
	100m:	1:41.92 55.31	200m:	3:35.73 56.72	300m:	5:25.22 54.13	400m:	7:20.86 57.54
8.	Hrušková Lucia		98	UMB		7:28.34	153	
	50m:	46.84 46.84	150m:	2:39.18 56.55	250m:	4:32.97 56.28	350m:	6:29.96 57.85
	100m:	1:42.63 55.79	200m:	3:36.69 57.51	300m:	5:32.11 59.14	400m:	7:28.34 58.38
9.	Spišiaková Kristína		98	UMB		7:28.84	153	
	50m:	47.02 47.02	150m:	2:37.60 56.58	250m:	4:33.68 58.69	350m:	6:31.17 59.57
	100m:	1:41.02 54.00	200m:	3:34.99 57.39	300m:	5:31.60 57.92	400m:	7:28.84 57.67
10.	Poliaková Jana		98	FliBr		7:37.06	145	
	50m:	47.91 47.91	150m:	2:43.68 59.59	250m:	4:40.49 58.61	350m:	6:38.76 58.66
	100m:	1:44.09 56.18	200m:	3:41.88 58.20	300m:	5:40.10 59.61	400m:	7:37.06 58.30
11.	Šufliarska Dorota		97	UMB		7:44.70	138	
	50m:	49.42 49.42	150m:	2:45.37 1:00.06	250m:	4:44.41 1:00.07	350m:	6:43.91 58.61
	100m:	1:45.31 55.89	200m:	3:44.34 58.97	300m:	5:45.30 1:00.89	400m:	7:44.70 1:00.79
12.	Drobná Daniela		98	FliBr		7:48.66	134	
	50m:	47.58 47.58	150m:	2:44.50 59.55	250m:	4:46.60 1:01.50	350m:	6:48.36 1:00.64
	100m:	1:44.95 57.37	200m:	3:45.10 1:00.60	300m:	5:47.72 1:01.12	400m:	7:48.66 1:00.30
13.	Líšková Lucia		98	DeľŽH		8:01.34	124	
	50m:	46.42 46.42	150m:	2:38.68 57.01	250m:	4:32.60 57.24	350m:	7:02.92 1:02.33
	100m:	1:41.67 55.25	200m:	3:35.36 56.68	300m:	6:00.59 1:27.99	400m:	8:01.34 58.42
DSQ	Vrbová Júlia		98	UMB				
	<i>SW10.1 - pretekár nepreplával celú vzdialenosť</i>							
13 - 14 roč.								
1.	Jakubíková Zuzana		96	Nerži		5:10.34	462	
	50m:	34.38 34.38	150m:	1:54.53 40.17	250m:	3:14.22 39.66	350m:	4:33.88 39.81
	100m:	1:14.36 39.98	200m:	2:34.56 40.03	300m:	3:54.07 39.85	400m:	5:10.34 36.46
2.	Balážová Veronika		95	PkVK		5:10.70	460	
	50m:	35.24 35.24	150m:	1:53.90 39.53	250m:	3:13.75 40.07	350m:	4:33.55 39.55
	100m:	1:14.37 39.13	200m:	2:33.68 39.78	300m:	3:54.00 40.25	400m:	5:10.70 37.15

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 3, žiačky, 400m voľný spôsob, 13 - 14 roč.

por.					Roč.					čas	body	
3.	Grexová Martina				95	FliBr				6:11.66	269	
	50m:	39.08	39.08	150m:	2:15.58	48.16	250m:	3:53.80	49.58	350m:	5:31.21	48.29
	100m:	1:27.42	48.34	200m:	3:04.22	48.64	300m:	4:42.92	49.12	400m:	6:11.66	40.45
4.	Drobná Patrícia				96	FliBr				6:50.73	199	
	50m:	40.98	40.98	150m:	2:20.80	52.10	250m:	4:07.32	53.78	350m:	5:56.36	54.91
	100m:	1:28.70	47.72	200m:	3:13.54	52.74	300m:	5:01.45	54.13	400m:	6:50.73	54.37
5.	Božoňová Lívia				96	UMB				6:56.23	191	
	50m:	41.35	41.35	150m:	2:22.36	53.19	250m:	4:11.58	54.44	350m:	6:01.64	55.36
	100m:	1:29.17	47.82	200m:	3:17.14	54.78	300m:	5:06.28	54.70	400m:	6:56.23	54.59
6.	Vrbová Eva				96	UMB				8:35.73	101	
	50m:	51.92	51.92	150m:	3:02.09	1:05.96	250m:	5:15.64	1:06.42	350m:	7:30.32	1:07.50
	100m:	1:56.13	1:04.21	200m:	4:09.22	1:07.13	300m:	6:22.82	1:07.18	400m:	8:35.73	1:05.41

15 roč. a st.

1.	Gáliková Lenka				91	PkVK				4:58.01	521	
	50m:	33.54	33.54	150m:	1:48.54	38.32	250m:	3:05.09	38.61	350m:	4:21.39	37.88
	100m:	1:10.22	36.68	200m:	2:26.48	37.94	300m:	3:43.51	38.42	400m:	4:58.01	36.62
2.	Bokšayová Klaudia				94	PkVK				5:11.04	459	
	50m:	35.64	35.64	150m:	1:54.01	39.57	250m:	3:13.68	39.87	350m:	4:33.35	39.83
	100m:	1:14.44	38.80	200m:	2:33.81	39.80	300m:	3:53.52	39.84	400m:	5:11.04	37.69
3.	Tavačová Barbora				93	NerŽi				5:44.68	337	
	50m:	37.30	37.30	150m:	2:02.40	43.35	250m:	3:29.98	43.80	350m:	5:00.83	45.56
	100m:	1:19.05	41.75	200m:	2:46.18	43.78	300m:	4:15.27	45.29	400m:	5:44.68	43.85
4.	Piatriková Eva				93	DelŽH				5:51.03	319	
	50m:	35.32	35.32	150m:	2:01.25	44.00	250m:	3:32.97	45.99	350m:	5:06.40	46.85
	100m:	1:17.25	41.93	200m:	2:46.98	45.73	300m:	4:19.55	46.58	400m:	5:51.03	44.63
5.	Bartošová Miroslava				93	NerŽi				5:53.09	314	
	50m:	39.22	39.22	150m:	2:06.48	43.94	250m:	3:35.86	45.06	350m:	5:07.32	46.12
	100m:	1:22.54	43.32	200m:	2:50.80	44.32	300m:	4:21.20	45.34	400m:	5:53.09	45.77
6.	Kabinová Lea				94	DelŽH				5:56.57	304	
	50m:	36.63	36.63	150m:	2:06.63	46.46	250m:	3:40.28	46.79	350m:	5:13.64	46.30
	100m:	1:20.17	43.54	200m:	2:53.49	46.86	300m:	4:27.34	47.06	400m:	5:56.57	42.93
7.	Macková Michaela				93	UMB				6:06.42	281	
	50m:	38.26	38.26	150m:	2:09.01	46.15	250m:	3:43.32	47.62	350m:	5:19.32	48.19
	100m:	1:22.86	44.60	200m:	2:55.70	46.69	300m:	4:31.13	47.81	400m:	6:06.42	47.10

disciplína 4
25.4.2009 - 12:25

muži, 400m voľný spôsob

11 roč. a st.
Výsledky

bodovanie: FINA 2008

por.					Roč.					čas	body	
11 - 12 roč.												
1.	Rišňovský Matej				98	DelŽH				6:32.30	171	
	50m:	40.15	40.15	150m:	2:21.28	50.61	250m:	4:02.58	51.41	350m:	5:46.36	51.81
	100m:	1:30.67	50.52	200m:	3:11.17	49.89	300m:	4:54.55	51.97	400m:	6:32.30	45.94
2.	Banský Filip				98	UMB				6:42.11	159	
	50m:	45.41	45.41	150m:	2:29.09	51.89	250m:	4:12.89	52.07	350m:	5:53.32	49.43
	100m:	1:37.20	51.79	200m:	3:20.82	51.73	300m:	5:03.89	51.00	400m:	6:42.11	48.79
3.	Kupec Maroš				98	DelŽH				7:08.64	131	
	50m:	42.68	42.68	150m:	2:32.90	57.04	250m:	4:26.94	57.03	350m:	6:17.52	54.26
	100m:	1:35.86	53.18	200m:	3:29.91	57.01	300m:	5:23.26	56.32	400m:	7:08.64	51.12
4.	Očenaš Daniel				97	UMB				7:13.41	127	
	50m:	43.00	43.00	150m:	2:31.78	54.81	250m:	4:24.35	57.60	350m:	6:21.38	58.88
	100m:	1:36.97	53.97	200m:	3:26.75	54.97	300m:	5:22.50	58.15	400m:	7:13.41	52.03

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 4, žiaci, 400m voľný spôsob, 11 - 12 roč.

por.			Roč.			čas	body	
5.	Orság Dalibor Daniel		98	DelŽH		7:33.32	111	
	50m:	46.89 46.89	150m:	2:44.22 59.13	250m:	4:45.40 59.81	350m:	6:41.18 56.67
	100m:	1:45.09 58.20	200m:	3:45.59 1:01.37	300m:	5:44.51 59.11	400m:	7:33.32 52.14

13 - 14 roč.

1.	Košta Radoslav		96	DelŽH		6:15.76	195	
	50m:	38.85 38.85	150m:	2:16.47 49.25	250m:	3:54.13 47.62	350m:	5:31.38 47.83
	100m:	1:27.22 48.37	200m:	3:06.51 50.04	300m:	4:43.55 49.42	400m:	6:15.76 44.38
2.	Halabuk Michal		96	UMB		7:01.88	138	
	50m:	45.00 45.00	150m:	2:30.60 53.60	250m:	4:19.74 55.66	350m:	6:09.85 55.10
	100m:	1:37.00 52.00	200m:	3:24.08 53.48	300m:	5:14.75 55.01	400m:	7:01.88 52.03

15 roč. a st.

1.	Gašparovič Filip		94	NerŽi		5:05.64	362	
	50m:	33.26 33.26	150m:	1:51.41 39.61	250m:	3:09.54 38.84	350m:	4:27.41 38.90
	100m:	1:11.80 38.54	200m:	2:30.70 39.29	300m:	3:48.51 38.97	400m:	5:05.64 38.23
2.	Ftorek Martin		94	NerŽi		5:15.15	330	
	50m:	34.46 34.46	150m:	1:53.93 39.82	250m:	3:14.29 40.21	350m:	4:36.26 40.92
	100m:	1:14.11 39.65	200m:	2:34.08 40.15	300m:	3:55.34 41.05	400m:	5:15.15 38.89

disciplína 5
25.4.2009 - 12:45

ženy, 1500m voľný spôsob

13 roč. a st.
Výsledky

bodovanie: FINA 2008

por.			Roč.			čas	body	
13 - 14 roč.								
1.	Modrovičová Dominika		95	PkVK		19:57.36	497	
	50m:	36.08 36.08	450m:	5:55.30 40.37	850m:	11:17.20 40.13	1250m:	16:39.88 39.87
	100m:	1:15.08 39.00	500m:	6:35.48 40.18	900m:	11:57.98 40.78	1300m:	17:20.14 40.26
	150m:	1:54.77 39.69	550m:	7:15.61 40.13	950m:	12:38.44 40.46	1350m:	17:59.80 39.66
	200m:	2:35.59 40.82	600m:	7:55.86 40.25	1000m:	13:18.91 40.47	1400m:	18:40.12 40.32
	250m:	3:14.45 38.86	650m:	8:36.40 40.54	1050m:	13:59.77 40.86	1450m:	19:19.46 39.34
	300m:	3:54.76 40.31	700m:	9:16.63 40.23	1100m:	14:39.82 40.05	1500m:	19:57.36 37.90
	350m:	4:34.75 39.99	750m:	9:56.69 40.06	1150m:	15:19.97 40.15		
	400m:	5:14.93 40.18	800m:	10:37.07 40.38	1200m:	16:00.01 40.04		
2.	Balážová Veronika		95	PkVK		20:49.35	438	
	50m:	36.67 36.67	450m:	6:09.07 41.87	850m:	11:46.35 42.09	1250m:	17:23.80 42.20
	100m:	1:16.50 39.83	500m:	6:50.86 41.79	900m:	12:28.76 42.41	1300m:	18:06.16 42.36
	150m:	1:58.08 41.58	550m:	7:31.76 40.90	950m:	13:10.86 42.10	1350m:	18:47.82 41.66
	200m:	2:39.71 41.63	600m:	8:14.54 42.78	1000m:	13:53.11 42.25	1400m:	19:29.54 41.72
	250m:	3:21.16 41.45	650m:	8:56.66 42.12	1050m:	14:35.26 42.15	1450m:	20:11.26 41.72
	300m:	4:03.02 41.86	700m:	9:39.11 42.45	1100m:	15:17.39 42.13	1500m:	20:49.35 38.09
	350m:	4:45.17 42.15	750m:	10:21.47 42.36	1150m:	15:59.30 41.91		
	400m:	5:27.20 42.03	800m:	11:04.26 42.79	1200m:	16:41.60 42.30		

15 roč. a st.

1.	Gáliková Lenka		91	PkVK		19:09.09	562	
	50m:	34.70 34.70	450m:	5:42.82 38.66	850m:	10:50.57 37.12	1250m:	15:59.13 38.00
	100m:	1:12.61 37.91	500m:	6:21.92 39.10	900m:	11:28.92 38.35	1300m:	16:37.54 38.41
	150m:	1:50.61 38.00	550m:	7:00.54 38.62	950m:	12:08.09 39.17	1350m:	17:16.23 38.69
	200m:	2:29.41 38.80	600m:	7:39.92 39.38	1000m:	12:47.01 38.92	1400m:	17:54.80 38.57
	250m:	3:07.67 38.26	650m:	8:18.20 38.28	1050m:	13:25.82 38.81	1450m:	18:33.48 38.68
	300m:	3:46.41 38.74	700m:	8:56.16 37.96	1100m:	14:04.06 38.24	1500m:	19:09.09 35.61
	350m:	4:25.32 38.91	750m:	9:34.54 38.38	1150m:	14:42.76 38.70		
	400m:	5:04.16 38.84	800m:	10:13.45 38.91	1200m:	15:21.13 38.37		

Jarné Majstrovstvá SSO - dlhé trate
Žiar nad Hronom, 25.4.2009

disciplína 5, ženy, 1500m voľný spôsob, 15 roč. a st.

por.			Roč.			čas	body	
2.	Koroncziová Katarína		92	PkVK		20:34.81	453	
	50m:	36.00 36.00	450m:	6:01.93 41.39	850m:	11:33.80 41.64	1250m:	17:06.02 41.76
	100m:	1:16.92 40.92	500m:	6:43.16 41.23	900m:	12:15.62 41.82	1300m:	17:48.09 42.07
	150m:	1:57.48 40.56	550m:	7:24.39 41.23	950m:	12:57.22 41.60	1350m:	18:30.04 41.95
	200m:	2:38.12 40.64	600m:	8:05.59 41.20	1000m:	13:39.01 41.79	1400m:	19:11.31 41.27
	250m:	3:18.62 40.50	650m:	8:47.19 41.60	1050m:	14:20.81 41.80	1450m:	19:52.48 41.17
	300m:	3:59.36 40.74	700m:	9:28.68 41.49	1100m:	15:02.04 41.23	1500m:	20:34.81 42.33
	350m:	4:39.89 40.53	750m:	10:10.24 41.56	1150m:	15:42.60 40.56		
	400m:	5:20.54 40.65	800m:	10:52.16 41.92	1200m:	16:24.26 41.66		
3.	Bokšayová Klaudia		94	PkVK		20:49.70	437	
	50m:	37.04 37.04	450m:	6:08.94 41.47	850m:	11:46.64 42.45	1250m:	17:24.22 42.54
	100m:	1:16.64 39.60	500m:	6:51.38 42.44	900m:	12:28.65 42.01	1300m:	18:06.16 41.94
	150m:	1:58.74 42.10	550m:	7:32.51 41.13	950m:	13:11.06 42.41	1350m:	18:47.82 41.66
	200m:	2:39.50 40.76	600m:	8:14.41 41.90	1000m:	13:53.39 42.33	1400m:	19:29.78 41.96
	250m:	3:21.31 41.81	650m:	8:56.79 42.38	1050m:	14:35.32 41.93	1450m:	20:11.50 41.72
	300m:	4:03.36 42.05	700m:	9:39.54 42.75	1100m:	15:17.74 42.42	1500m:	20:49.70 38.20
	350m:	4:45.18 41.82	750m:	10:21.79 42.25	1150m:	15:59.69 41.95		
	400m:	5:27.47 42.29	800m:	11:04.19 42.40	1200m:	16:41.68 41.99		
4.	Komorová Romana		93	PkMa		22:10.27	362	
	50m:	39.08 39.08	450m:	6:31.24 43.82	850m:	12:25.31 44.68	1250m:	18:26.38 44.26
	100m:	1:21.82 42.74	500m:	7:14.93 43.69	900m:	13:09.92 44.61	1300m:	19:11.63 45.25
	150m:	2:05.83 44.01	550m:	7:58.99 44.06	950m:	13:54.83 44.91	1350m:	19:56.50 44.87
	200m:	2:50.00 44.17	600m:	8:43.14 44.15	1000m:	14:40.30 45.47	1400m:	20:41.65 45.15
	250m:	3:34.51 44.51	650m:	9:27.65 44.51	1050m:	15:25.45 45.15	1450m:	21:25.84 44.19
	300m:	4:18.93 44.42	700m:	10:12.21 44.56	1100m:	16:11.00 45.55	1500m:	22:10.27 44.43
	350m:	5:02.83 43.90	750m:	10:56.42 44.21	1150m:	16:56.46 45.46		
	400m:	5:47.42 44.59	800m:	11:40.63 44.21	1200m:	17:42.12 45.66		

disciplína 6
25.4.2009 - 13:30

muži, 1500m voľný spôsob

13 roč. a st.
Výsledky

bodovanie: FINA 2008

por.			Roč.			čas	body	
13 - 14 roč.								
1.	Villant Jakub		95	UMB		19:43.10	394	
	50m:	35.22 35.22	450m:	5:50.36 39.35	850m:	11:06.11 39.48	1250m:	16:24.94 40.15
	100m:	1:13.91 38.69	500m:	6:29.89 39.53	900m:	11:45.40 39.29	1300m:	17:04.88 39.94
	150m:	1:53.14 39.23	550m:	7:09.55 39.66	950m:	12:24.74 39.34	1350m:	17:45.20 40.32
	200m:	2:32.26 39.12	600m:	7:48.63 39.08	1000m:	13:04.91 40.17	1400m:	18:25.38 40.18
	250m:	3:12.10 39.84	650m:	8:27.92 39.29	1050m:	13:44.66 39.75	1450m:	19:04.93 39.55
	300m:	3:51.64 39.54	700m:	9:07.74 39.82	1100m:	14:24.34 39.68	1500m:	19:43.10 38.17
	350m:	4:31.29 39.65	750m:	9:47.51 39.77	1150m:	15:04.78 40.44		
	400m:	5:11.01 39.72	800m:	10:26.63 39.12	1200m:	15:44.79 40.01		
2.	Hruškovic Martin		96	Nerži		21:42.86	295	
	50m:	35.96 35.96	450m:	6:17.90 43.38	850m:	12:10.86 45.15	1250m:	18:07.82 44.83
	100m:	1:16.62 40.66	500m:	7:01.83 43.93	900m:	12:55.38 44.52	1300m:	18:54.14 46.32
	150m:	1:58.77 42.15	550m:	7:45.55 43.72	950m:	13:40.55 45.17	1350m:	19:36.95 42.81
	200m:	2:41.16 42.39	600m:	8:28.77 43.22	1000m:	14:24.71 44.16	1400m:	20:20.59 43.64
	250m:	3:24.16 43.00	650m:	9:12.71 43.94	1050m:	15:09.39 44.68	1450m:	21:03.22 42.63
	300m:	4:08.48 44.32	700m:	9:56.69 43.98	1100m:	15:53.55 44.16	1500m:	21:42.86 39.64
	350m:	4:51.29 42.81	750m:	10:41.23 44.54	1150m:	16:38.20 44.65		
	400m:	5:34.52 43.23	800m:	11:25.71 44.48	1200m:	17:22.99 44.79		
3.	Sojka Martin		96	Nerži		24:07.98	215	
	50m:	39.42 39.42	450m:	7:01.10 47.23	850m:	13:31.33 50.22	1250m:	20:09.99 49.97
	100m:	1:25.23 45.81	500m:	7:49.46 48.36	900m:	14:20.85 49.52	1300m:	20:59.70 49.71
	150m:	2:12.24 47.01	550m:	8:36.75 47.29	950m:	15:11.02 50.17	1350m:	21:47.37 47.67
	200m:	2:59.95 47.71	600m:	9:25.37 48.62	1000m:	16:00.81 49.79	1400m:	22:35.77 48.40
	250m:	3:49.92 49.97	650m:	10:14.24 48.87	1050m:	16:51.01 50.20	1450m:	23:23.36 47.59
	300m:	4:38.30 48.38	700m:	11:02.16 47.92	1100m:	17:40.84 49.83	1500m:	24:07.98 44.62
	350m:	5:27.92 49.62	750m:	11:51.61 49.45	1150m:	18:30.96 50.12		
	400m:	6:13.87 45.95	800m:	12:41.11 49.50	1200m:	19:20.02 49.06		

Jarné Majstrovstvá SSO - dlhé trate
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disciplína 6, muži, 1500m voľný spôsob

15 roč. a st.

1. Leško Matej		94		UMB		19:30.86		406			
50m:	34.76	34.76	450m:	5:49.86	39.94	850m:	11:04.73	39.31	1250m:	16:18.92	39.22
100m:	1:13.22	38.46	500m:	6:28.82	38.96	900m:	11:44.48	39.75	1300m:	16:57.76	38.84
150m:	1:52.89	39.67	550m:	7:08.39	39.57	950m:	12:22.83	38.35	1350m:	17:36.48	38.72
200m:	2:31.30	38.41	600m:	7:47.95	39.56	1000m:	13:02.30	39.47	1400m:	18:16.13	39.65
250m:	3:11.20	39.90	650m:	8:27.20	39.25	1050m:	13:41.82	39.52	1450m:	18:54.51	38.38
300m:	3:50.67	39.47	700m:	9:06.73	39.53	1100m:	14:21.20	39.38	1500m:	19:30.86	36.35
350m:	4:30.57	39.90	750m:	9:46.26	39.53	1150m:	15:00.82	39.62			
400m:	5:09.92	39.35	800m:	10:25.42	39.16	1200m:	15:39.70	38.88			
2. Mundier Ondrej		94		Nerži		20:27.26		353			
50m:	34.50	34.50	450m:	6:00.86	42.08	850m:	11:37.15	42.46	1250m:	17:09.03	42.19
100m:	1:13.90	39.40	500m:	6:43.01	42.15	900m:	12:18.92	41.77	1300m:	17:51.29	42.26
150m:	1:53.41	39.51	550m:	7:24.69	41.68	950m:	13:00.95	42.03	1350m:	18:32.32	41.03
200m:	2:33.25	39.84	600m:	8:07.12	42.43	1000m:	13:42.82	41.87	1400m:	19:14.16	41.84
250m:	3:14.42	41.17	650m:	8:50.38	43.26	1050m:	14:23.54	40.72	1450m:	19:53.12	38.96
300m:	3:55.42	41.00	700m:	9:31.00	40.62	1100m:	15:05.01	41.47	1500m:	20:27.26	34.14
350m:	4:36.34	40.92	750m:	10:13.42	42.42	1150m:	15:45.12	40.11			
400m:	5:18.78	42.44	800m:	10:54.69	41.27	1200m:	16:26.84	41.72			
3. Markovič Martin		94		UMB		20:38.82		343			
50m:	36.47	36.47	450m:	6:07.49	42.31	850m:	11:40.78	42.07	1250m:	17:14.91	41.66
100m:	1:17.55	41.08	500m:	6:49.10	41.61	900m:	12:22.50	41.72	1300m:	17:56.12	41.21
150m:	1:58.80	41.25	550m:	7:30.66	41.56	950m:	13:04.25	41.75	1350m:	18:37.44	41.32
200m:	2:40.31	41.51	600m:	8:12.08	41.42	1000m:	13:45.84	41.59	1400m:	19:18.38	40.94
250m:	3:21.85	41.54	650m:	8:54.38	42.30	1050m:	14:28.09	42.25	1450m:	19:58.82	40.44
300m:	4:03.21	41.36	700m:	9:36.28	41.90	1100m:	15:09.81	41.72	1500m:	20:38.82	40.00
350m:	4:44.34	41.13	750m:	10:17.44	41.16	1150m:	15:51.38	41.57			
400m:	5:25.18	40.84	800m:	10:58.71	41.27	1200m:	16:33.25	41.87			